

Benefits Plans:

See the **Benefits Summary** for a comprehensive description of available benefits.

Deferred Compensation:

Empower/Retire Ready Home Page: <u>www.empower-retirement.com</u>

Log-In Page: https://participant.empower-retirement.com/participant/#/login

Customer Service: 800.922.7772

Not Enrolled?

If you are eligible to **enroll** in the Program but have not done so, take advantage of this benefit! Within the first few days of employment, you receive an invitation to enroll at orientation. To learn more about the Program, see 401(k) plan Highlights, Comparison and Investment Information.

How can I change my deferral?

Now, all changes can be made on the Empower Retirement Services website by visiting Empower. Once logged in to your account, go to the Transactions menu and select "Change Paycheck Contribution." You may also elect to phone CS at the number indicated above.

How do I defer my Longevity or Bonus payments?

To defer your longevity or bonus, log in to your account online.

Insurance Plans:

Go online to https://www.mscc.edu/documents/hr-insurance-plans.pdf

The <u>Benefits Guide</u> is a helpful tool summarizing your options.

Please remember, the Insurance Enrollment Change Form -may only be completed and accepted due to a change that constitutes a qualifying event as listed on page two of the form. <u>Insurance Enrollment Change Form</u>.

Participants may enroll within 30 days of hire or make changes to their health, dental, short-term disability, vision or optional special accident during Annual Enrollment Period (AEP) by logging into the Edison Employee Self Service Portal at www.edison.tn.gov. If you have trouble logging in, you must call 1-800-253-9981 or 1-866-376-0104 for assistance or refer to the Edison Help instructions. Please NOTE: You are initially emailed your log in access instructions. Employees must use Edison:



register or reset passwords. Benefits Administration Customer Service Information: https://www.tn.gov/partnersforhealth/customer-service.html Your Benefits Administrator is Lisa Lee llee@mscc.edu, 931-393-1542, fax: 931-393-1552 and Agency Benefits Coordinator is Mandy Summers, 931-393-1592 msummers@mscc.edu.

New Employee Insurance Page: https://www.tn.gov/partnersforhealth/for-new-employees.html

Orientation Video: https://www.youtube.com/embed/8VK5MzwfMCU?rel=0

<u>AETP Guidelines and Information</u>: (Annual Enrollment-Transfer Period options can be found at this Partners-for-Health link) and here: <u>AETP</u>

Employees enrolling dependent children or spouse must supply required documentation as specified in this link: <u>Required Enrollment Documentation</u>. Refer to the Eligibility and Enrollment Guide for plan details.

Dental:

Dental Premiums (also stated in handbooks)

Dental Plan Comparison

Dental Options:

Prepaid Plan - Cigna Customer Service - 800.997.1617

- Cigna Prepaid Dental Plan Handbook
- Cigna Dental Care Patient Charge Schedule
- Online Account Registration and Log In
- Cigna's website View instructions on locating a Cigna dental provider. Mobile App

The Cigna Prepaid Plan provides services at predetermined copay amounts from a limited network of participating dentists/specialists. To receive benefits, you must select a dentist from the plan list and notify Cigna of your selection. Search for participating dentists on <u>Cigna's website</u> (select the Cigna DHMO network). **Prepaid Dental DHMO Provider Search:** <u>www.myCigna.com</u>. **This search will reflect providers specifically contracted for the State of TN participants**. For anyone who is not currently enrolled in the Cigna DHMO plan, you may also use the on-line tools at www.myCigna.com. Cigna has created a pre-effective log on process to allow you to view dental network information specific to the State of TN DHMO Prepaid Dental Plan. <u>Click here for instructions</u>. **NOTE**: There may be non-coverage of claims if provider is a non-network provider OR if timely in-network provider designation is not made for each covered family member. You may change dental providers at any time, but if eligible family members have a different dentist selection, it must be designated, and changes go into effect the following month.



BENEFIT AND INSURANCE LINKS FOR EMPLOYEES

Dental Preferred Provider Organization (DPPO) - MetLife DPPO Customer Service: 855.700.8001

- Online Account Registration and Log In Enter: State of Tennessee for Company Name
- <u>DPPO Provider Search</u> (PDP network search at bottom of page) Internet Support Line: 1-877-963-8932
- <u>MetLife DPPO Handbook</u>

The Dental Preferred Provider Organization (DPPO) provides services with member coinsurance rates. Any dentist may be used to receive benefits, but member cost will be less if an in-network provider is used. Use any dentist (receive maximum benefits when visiting an in-network MetLife DPPO provider). Member pays coinsurance for covered services. Deductible applies for basic and major dental care only. You or your dentist will file claims for covered services. Referrals are not required. Some services (e.g. crowns, dentures) require a 6-month waiting period before benefits begin. Other services (orthodontics, missing tooth replacement) require a 12-month waiting period before benefits begin. There are some limitations and exclusions, (e.g. no benefit for cosmetic reasons, congenital malformations, diagnosis or treatment of TMJ. You pay coinsurance for many covered services and your share is based on the "maximum allowable charge" (MAC) for a given service. You will pay less out-of-pocket when seeking care from a network provider because network dentists and specialists typically agree to the allowable charge up front. Out-of-network providers typically charge more than the allowable charge, resulting in higher costs for you.

Medical:

Members can choose from the following health insurance options (if you qualify): Partnership PPO – Two options give you the same benefits, but the cost is different: Partnership Promise PPO – Agree to the 2017 Partnership Promise, and you will save money. Your premiums will be \$50 to \$100 less than the No Partnership Promise PPO each month. No Partnership Promise PPO – This option does not include the Partnership Promise. Your premiums will be \$50 to \$100 more than the Partnership Promise PPO each month. See more at: http://partnersforhealth.tn.gov Click here for the Wellness Program.

Summary of Benefits and Coverage by Plan:

- Premier PPO
- Standard PPO
- Health Savings CDHP/Summary of Benefits CDHP
- Uniform Glossary of Health Coverage and Medical Terms



- Health Plan Premiums
- Blue Cross and Cigna Plan Comparison
- <u>State Plan Cancel Request Form</u>: Can be used to cancel Medical, Dental, Short-Term Disability and Vision Plans

Health Plan Options:

BlueCross BlueShield of Tennessee — Partnership and Standard Plans - 1.800.558.6213

- Member Home Page
- <u>My Cigna Account</u> Account registration where you can securely view your benefit information online.
- Provider Search (Local Plus and Open Access Networks)
- Online Directory NOTE: The information in the PDF directory is only 100% accurate on the day it is printed. It is not uncommon for this information to change as providers and facilities join and leave the carrier's networks. You can find the most up to date information by calling member services or doing an online search.

Pharmacy:

All members are encouraged to create an online account for pharmacy needs. Click here to register for an online CVS Caremark account: <u>Register for CVS Caremark Account</u>. The hotline is available to assist with all pharmacy questions. **Caremark** (Effective July 1, 2010 for all plans) - 1.877.522.TNRX (8679) <u>State of TN Caremark Member Home Page</u>

Life (Basic Term Life):

Participants enrolled in the medical plan automatically have basic term life and accidental death and dismemberment (AD&D) coverage through Minnesota Life (Securian) Insurance Company (see the handbook from link below). If you opt to get additional optional special accident (OSA) coverage, it is available through the same company. If you are enrolling initially for health insurance coverage or making a beneficiary change, please complete the basic life beneficiary form below and return it to your ABC.

See Optional Life section below for handbooks that include information on the Basic and Optional Life Insurance plans. <u>Basic Life Premiums</u>



Optional Plans:

Eligible employees may apply for optional plans during AETP, for a January 1 coverage effective date. Detailed Information: <u>http://www.partnersforhealthtn.gov/</u> Click on Other Benefits.

Accidental Death and Dismemberment:

Minnesota Life, a Securian company:

- Sample Certificate: <u>https://www.tn.gov/content/dam/tn/finance/fa-benefits/documents/life_cert_vol_add_2019.pdf</u>
- Enroll at the Securian website: https://web1.lifebenefits.com/sites/lbwem/tennessee

Flex Plan:

Optum Bank Visit Optum Bank Flex Plan Employer ID if prompted: 141028

866-600-4984, 24/7, excluding major U.S. holidays or email: service.tennessee@optum.com

User Guide:

- Flexible Spending Account Guide
- Benefits of a Healthcare FSA
- Benefits of an HSA (must be enrolled in CDHP Health Plan)
- Benefits of a Dependent Care Account DCA
- Using the Optum Bank payment MasterCard
- Mobile App Mobile Banking
- Optum Academy
- Quick Reference Guide: How to enroll in Flexible Benefits for Higher Education only
- Flyer: Flexible spending account (FSA) overview
- How to Enroll Flyer with Portal Link



Life (Basic and Optional Term Life)

Minnesota Life/Securian Website

- Overview
- Life Insurance 101
- <u>FAQ</u>
- <u>Highlights</u>
- Handbook
- Life Insurance Calculator

Enroll online: <u>https://web1.lifebenefits.com/content/lifebenefits/home/en.html</u> Use your Edison ID and password for enrollment.

Service Request Form (for changes/cancellation of coverage)

Claims 1-888-658-0193 7AM - 6PM CST Monday - Friday

Customer Service 1-866-881-0631 7 a.m.-6 p.m. CST

Underwriting 1-800-872-2214 7 AM - 7PM CST Monday - Friday

Fax inquiries or forms to 651-665-4827.

Mailing address: Securian Financial Group, Inc. You may also e-mail with questions or comments.

Group Insurance 400 Robert Street North St. Paul, MN 55101-2098

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Telehealth:

- BCBST members: Log into BlueAccess at <u>www.bcbst.com/members/tn_state/</u> Look for and select Talk With a Doctor Now – Or, call 888.283.6691
- Cigna members: Log into MyCigna.com Look for MDLive or Amwell and select the vendor of your choice Or, call 888.726.3171 for MDLive or 855.667.9722 for Amwell Cost:
 - PPO members: Copay is \$15
 - CDHP members: You pay the negotiated rate per visit until you reach your deductible, then the primary care office visit coinsurance applies Find more information at tn.gov/PartnersForHealth under Health Options and Telehealth.

Vision:

Since January 2013, an additional Vision Insurance Plan has been available to all Tennessee Board of Regents (TBR) employees and dependents. *You do not have to be enrolled in health insurance to be eligible for vision insurance but the same eligibility rules apply.* Employees can choose to remain in or enroll in the State vision plan during annual enrollment period in October for a 1/1 effective date.

Davis Vision Plan:

- Davis Vision Member Services at 1-800-208-6404.
- Member Home Page
- Plan Comparison
- Handbook
- Enroll by going to the Employee Self Service (ESS) System in <u>Edison</u>. With this State plan, you will be able to choose between two plans: the Basic Plan or the Expanded Plan, and the network is the Select Network.
- Premiums
- Provider Search (StateofTN network): <u>www.davisvision.com</u>
- Vision Insurance is an employee pay-all option. Members are responsible for the full premium through payroll deduction.

State Plan Cancel Request Form: Can be used to cancel Medical, Dental and the State Vision Plan

If you have questions about your benefits or any enrollment option, please talk with your Agency Benefits Coordinator, Mandy Summers at 931.393.1592 or by email at <u>benefits@mscc.edu</u> or the



Agency Benefits Administrator, Lisa Lee at 800.654.4877 Ext 1542 or directly at 931.393.1542 or by email at <u>benefits@mscc.edu</u>.

You also may wish to visit <u>www.partnersforhealthtn.gov</u> for detailed information.